

New Castle Youth and Adult Spring Tennis Lessons

Registration opens online March 16th at 10:00am.



Location: Millwood Park
Dates: Tuesdays: April 21st – June 9th
Thursdays: April 23rd – June 11th
Cost: \$265 for 1 hour lessons / \$400 for 1.5 hour lessons

****NEW** for 2020:**

New instructors will be the Pros from Club Fit Briarcliff.
Now offering adult evening lessons AND lessons for high school students!

Adult Lessons:

- **Beginners – Advanced Beginner:** Covers the fundamentals and basic rules of the game.
- **Intermediate:** Introduces players to shot selection and strategy.
- **Cardio Tennis:** features drills to give players of all abilities an ultimate, high-energy workout and a healthy new way to get in shape and to burn calories.

Days & Times:	Tuesdays	9:30am – 10:30am	Beginner – Advanced Beginner
	Tuesdays	10:30am – 12:00pm	Adult Intermediate
	Tuesdays	6:30pm – 7:30pm	Beginner – Advanced Beginner
	Thursdays	9:30am – 10:30am	Cardio Tennis
	Thursdays	10:30am – 12:00pm	Beginner – Advanced Beginner
	Thursdays	6:30pm – 7:30pm	Adult Intermediate

[Register Online Here](#)

Youth Lessons:

Learn the great game of tennis through exciting drills and games. Players are introduced to the basic technique of the groundstroke, volley, and serve.

Days & Times:	Tuesdays	4:00pm – 5:00pm	Grade K-2
	Tuesdays	5:00pm – 6:30pm	Grade 7-12
	Thursday	4:00pm – 5:00pm	Grade 2-4
	Thursday	5:00pm – 6:30pm	Grade 5-8

[Register Online Here](#)