


# December

For more info call 238-8888

2023

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Sat
Week 11					1 2 <b>Santa Letters 10-1pm Pizza</b> Spanish Conversation 10:30-12 Zoom <b>SAG Mtng 10am</b> Senior Exercise 11-12 <b>Meditation Class 12-1pm</b> Canasta- 1:00-3:30	
3 Nutcracker 2pm Bonfire 4:45 Week 12	4 Senior Exercise 11-12 Nimble Needles 11-1 Senior Balance 12-1 Trivia with Shelly 1-2 Weeknight Workout w/Shobha 6-7 Country Line Dancing 7:15-8:15pm	5 EZ Dance Fitness w/ Amy 11:30-12:30 Words with Vern- 1-2:30 Bridge- 1-3:30 Pilates- 7-8pm	6 <b>Blood Pressure Screening</b> Mah Jongg- 9:45-12:15 <b>SAG Holiday Luncheon 12pm</b> <b>Mount Kisco Country Club</b> Ballroom Dance 7-8:15pm	7 Art with Joan 10-12 North of Broadway Drama 12:30-2:30pm Weeknight Workout w/Shobha 6-7 Belly Dance w/ Gina 7-8pm 	8 9 Spanish Conversation 10:30-12 on Zoom Senior Exercise 11-12 <b>Laughter Yoga 12-1pm</b> <b>Flute Concert 1-2pm</b> Canasta- 1:00-3:30	
10	11 Nimble Needles 11-1 Trivia with Shelly 1-2 Senior Exercise 11-12 (Make Up)	12 Words with Vern- 1-2:30 Bridge- 1-3:30	13 Mah Jongg- 9:45-12:15 <b>TRIP-Danbury Mall</b> Senior Exercise 11-12 (Make Up)	14 Art with Joan 10-12 North of Broadway Drama 12:30-2:30pm	15 16 <b>Midnight Run 10-12pm</b> Spanish Conversation 10:30-12 on Zoom Senior Exercise 11-12 (Make Up) <b>Laughter Yoga 12-1pm</b> Canasta- 1:00-3:30	
17	18 Nimble Needles 11-1 Trivia with Shelly 1-2	19 <b>Loneliness Support Group 12-1pm</b> Words with Vern- 1-2:30 Bridge- 1-3:30	20 Mah Jongg- 9:45-12:15 <b>Santa Letters 10-1pm Pasta</b>	21 Art with Joan 10-12 <b>TRIP- Anastasia- White Plains Theater NO Lunch!</b> North of Broadway Drama 12-2	22 23 Spanish Conversation 10:30-12 on Zoom <b>North of Broadway SHOW 12:30pm</b> Canasta- 1:00-3:00 **(time change)	
24	25 <b>Center Closed</b> 	26 <b>Center Closed</b> 	27 Center Open gam-3:30pm	28 Center Open gam-3:30pm	29 30 Center Open gam-3:30pm	
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